

Experience from COVID – Virtual Meetings, Wellness and Other Activities

Session 1B

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Session Objectives

Session 1B

In this virtual breakout session, participants will:

1. Share ideas and approaches on fostering effective meetings, promoting socialization, and maintaining team wellness in an era of distancing brought on by the COVID-19 pandemic.
2. Work in small groups to discuss example scenarios for adapting to a virtual platform and the challenges and limitations therein.
3. Engage in an interactive session to generate take-home tips based on the successes and failures of others in the virtual social setting.

Session Scenarios

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- 1.) The Visitor
- 2.) The Blank Screen
- 3.) The Meet-up
- 4.) The Survey

Access the Google slides for your breakout group at:

<https://docs.google.com/presentation/d/1tdNXXiQa0LRw3Mn6AURI8y0UdN6UVIFENtYJqp4d0RE/>

Everyone will add notes to the shared slide

Scenario 1 - The Visitor

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After several months without external speakers, your department returns to holding grand rounds with "visiting" professors.

	Use the space below to type notes during the breakout session
Aside from early technology foibles (the "Zoom learning curve") and accidental open mics, what challenges has your group faced when hosting visiting professors during the pandemic?	- - - -
What changes to your grand rounds format, timing, or logistics have been implemented during the crisis?	- - -
Is your group currently hosting virtual grand rounds speakers? If so, how do you make them feel welcomed and heard?	- - - -

Scenario 2 - The Blank Screen

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A faculty member who just finished giving a lecture via videoconference to your trainees comes to complain about a lack of learner engagement during the session. Specific complaints include a lack of trainee engagement and the sense that the professor was just talking to a wall of blank boxes on a screen.

	Use the space below to type notes during the breakout session
The professor wants to require all the learners to turn on their video when they attend lecture. How would you respond to that, what advice would you give?	- - - - -
How have you adapted your teaching to a virtual environment?	- - - - -

Scenario 3 - The Meet-up

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Your department has hosted a once-a-month virtual happy hour for young faculty since May. As a pleasant surprise, attendance for these evening sessions has been strong.

	Use the space below to type notes during the breakout session
What has your department done to maintain social connections between or among faculty, staff, and trainees during Covid-19?	- - - -
What efforts have worked well? Which have not?	- - -
Are there positive changes that have emerged from this crisis that might not have otherwise happened?	- - - -

Scenario 4 - The Survey

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The department receives the results of a Press Ganey organizational culture survey. The results suggest a weakening institutional culture of safety. Several people in departmental leadership feel that social distancing measures due to coronavirus are contributing to this deterioration.

	Use the space below to type notes during the breakout session
What would you do? How would you respond?	- - - -
How has your department/division handled similar challenges? How have they addressed issues of wellness and resilience?	- - - - - - -

Resources & References

[Deloitte Remote Collaboration](#)

<https://hbr.org/2020/03/what-it-takes-to-run-a-great-virtual-meeting>

<https://hbr.org/2020/04/how-to-combat-zoom-fatigue>

https://www.adpri.org/wp-content/uploads/2020/09/03154021/R0120_0920_v1_RS_ResearchReport_090220.pdf

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